# Aladi Aruna College of Liberal Arts and Science (Co-ed.), Alangulam, Tenkasi Dt.

## Report on Suicide Prevention Day 2024 $10^{th}$ September 2024

An Awareness Programme on World Suicide Prevention Day was organized by the Department of Psychology, Aladi Aruna College of Liberal Arts and Science (Co-ed.), Alangulam at 2: 40 p.m. on 10<sup>th</sup> September 2024 at the College Multipurpose Hall.

Intra-departmental competitions such as writing poem, poster making and essay writing were conducted with 'Suicide Prevention' as the theme.

The event began with the rendition of Tamizh Thai Vazhthu followed by welcome address by Mrs. Joan Tirzah Selvaraj, Head, Department of Psychology.

The Presidential address was delivered by Dr. P. Abukaniba Meeran, Principal, Aladi Aruna College of Liberal Arts and Science (Co-ed.) in which he shared his valuable thoughts on preventing suicide and various risks related to suicidal ideation and motivated the students to stay positive in life.

Selvaraj M, student, I B.Sc. Psychology, delivered a speech regarding how to live a positive life stating examples from Thirukkural. The students of II B.Sc. Psychology performed a skit and displayed warning signs of suicide.

The concluding remarks were given by Dr. Anthony Wilson, Assistant Professor, Department of Psychology, wherein he shared the various interventions on preventing suicide.

The event came to an end with rendition of National Anthem.

#### Students' Performance



## Students in a Competition





### Presidential Address



Displaying Slogans on the Warning Signs of Suicidal Thoughts



Concluding Remarks

